

## How Much Fits on a Disc?

Different video formats compress video at different rates. This means that how much video you can store on a piece of media depends on the format you choose. Most video formats also allow you to choose different quality setting. In the video world, quality is set by adjusting the “bit rate”. A higher bit rate means higher quality but also larger file sizes. A lower bit rate means lower quality but smaller file sizes. The chart below shows approximately how much video can fit on several popular digital media storage products.

<b>Disc Storage Capacity</b>					
<b>Format</b>	<b>Approx. File (MB Per Minute)</b>	<b>Flash Media (512 MB)</b>	<b>CD-R (700 MB)</b>	<b>Recordable DVD (4.7 GB Single Layer)</b>	<b>Recordable DVD (8.5 GB Dual Layer)</b>
VCD	10 MB	51 Min	1 Hr 8 Min	7 Hrs 10 Min	13 Hrs 20 Min
SVCD	20 MB	26 Min	34 Min	3 Hr 35 Min	6 Hrs 40 Min
DVD (High Quality)	55 MB	9 Min	12 Min	1 Hrs 8 Min	2 Hrs 25 Min
DVD (Good Quality)	45 MB	11 Min	15 Min	1 Hrs 36 Min	2 Hrs 58 Min
DVD (Standard Play)	27 MB	19 Min	25 Min	2 Hrs 39 Min	4 Hrs 56 Min
DVD (Long Play)	17 MB	30 Min	40 Min	4 Hrs 13 Min	7 Hrs 51 Min
DVD (Extended Play)	15 MB	34 Min	45 Min	4 Hrs 47 Min	8 Hrs 53 Min

\*The amount of video may vary based on selected bit rate, frame size and disc capacity.